



BECOME FITTER, STRONGER AND FASTER

IRONMAN
COPENHAGEN
FINISHER

HYROX
NUNO BARRETO

2 X INDIVIDUAL
SUPERHUMAN GAMES
CHAMPION

INDIVIDUAL OVERALL
GYM HAMPSHIRE XT
CHAMPION

PERSONAL TRAINING AND
ONLINE COACHING

HYROX AGE GROUP
EUROPEAN
CHAMPION

HYROX NUMEROUS AGE
GROUP PODIUMS
CHAMPION

WITH HYBRID ATHLETE NUNO BARRETO

3rd IN AGE GROUP
HYROX WORLD
CHAMPION

TRAX GAMES
WINNER

w: waxfitness.com
t: 07860 624227

DEKA
STRONG - SPAIN
WINNER

INDIVIDUAL
GYM IRONMAN
CHAMPION

70.5 IRONMAN
WEYMOUTH
FINISHER

MEN'S FITNESS
FIT BRIT
RUNNER UP

SEVERAL
MARATHON
FINISHES

OUTLAW FULL
DISTANCE
TRIATHLON

